

COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



<p align="center">Maternity Tours 6:00-7:00pm</p> <p>Fri. January 9 Tues. February 10 Tues. March 10 Wed. January 21 Fri. February 20 Mon. March 16</p> <p align="center"><i>*Additional Times may become available*</i></p>	<p align="center">Childbirth Preparation Class – Cost: \$100.00 5:30pm –8:30pm</p> <p><u>Three-part series</u></p> <p>January 8,15,22 February 5,12,19 March 5,12,19</p>
<p align="center">Childbirth Preparation (Accelerated Class) Cost: \$100.00 9:00am-5:00pm (one-day)</p> <p><u>Sunday</u> January 11 February 8 March 15</p>	
<p align="center">Breastfeeding Basics (Prior to delivery) Cost: \$25.00</p> <p><u>Saturday 9am-12pm</u> January 10 February 21 March 14</p>	<p align="center">Childbirth Refresher Cost: \$35.00 /5:00- 8:30pm</p> <p align="center">Call for date and time availability.</p>
<p>Classes and Tours are for you and <u>one</u> support person. * Please No Children at Classes and Tours *</p>	

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.

To register for classes, you can **Pay and Register over the Phone** by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH -

For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).

Last Name:		First Name:		Telephone # ()	
Mailing Address:			City:		Zip Code:
Estimated delivery date		Date of Birth		OB/GYN's Provider's Name:	
Are you delivering at Redlands Community Hospital?				If not, where?	
Select the class(es) you want – place a √				Desired Dates	
				Cost	
Mother-Baby Units orientation Tour				No Charge.	
Childbirth Preparation Classes				\$100.00	
Childbirth Refresher				\$35.00	
Childbirth Preparation (Weekend Class)				\$100.00	
Breastfeeding Basics				\$25.00	